

ACTIONS:

- 1. Turn to your left and swing both arms up and down
- 2. Turn to the right and repeat
- 1. Reach out to your left side PICK a Banana 2 times
- 2. Switch and "PICK" from Right side



- 1. Now swing your left arm out to the side – 2 times (like you're peeling)
- 2. And swing your right arm out to your side 2 times



LYRICS:

Go Bananas, Go, Go Bananas

Pick Bananas, Pick your Bananas

Peel Bananas, Peel Your Bananas

- 1. Cup your chin with both palms
- 2. Lean forward while cupping face 2 times



1. Make a fist and move arms in a rolling action



- 1. Use your left hand to pretend you are giving a Bananas to someone 2 times
- 2. Repeat other side



1. Make a fist with both hands and pretend you're climbing a pretend rope



Love Bananas, Love Your Bananas

Collect Bananas, All Those Bananas

Trade Bananas, Trade Your Bananas

Connect Bananas, Connect Your Bananas 1. Rub your thumb and fingers together on each hand (like its money)



1. Cross your Arms, nod your head and show us your Bananatude!



After you make your video, posted it to your social media page (Facebook, Instagram or YouTube) and use the hashtags

#BananasDanceChallenge #BananasCollectibles



Bananas™ Dance Challenge 2019 - Cepia LLC.

Save Bananas, Save Your Bananas

Go Bananas!



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